



Academy of Breastfeeding Medicine Newsletter

April 2025

A newsletter offering for Academy of Breastfeeding Medicine members and colleagues from across the world.

Welcome to Inside ABM!

Welcome to ISSUE 23 of Inside ABM!

This is our way of communicating with current and future ABM members, supporters, and friends about the exciting developments happening in our organization and the field of Breastfeeding and Lactation Medicine.

Here's a preview of what ABM members are reading in this month's issue of Inside ABM. Each issue brings you expert insights, clinical resources, and exclusive content to keep you informed and ahead in the field of breastfeeding medicine. To access the full newsletter and all the benefits of membership, [join ABM today](#).



Spotlight on the Annual Global Breastfeeding Report Card for 2024

The [Global Breastfeeding Collective](#) recently released its [Annual Global Breastfeeding Report Card for 2024](#) in partnership with the WHO and UNICEF. The Global Breastfeeding Collective is a partnership of prominent international agencies calling on donors, policymakers, and civil society to increase investment in breastfeeding worldwide. We are proud to be a member of the Collective!

The 2024 scorecard highlights some encouraging trends in breastfeeding outputs and outcomes from around the world. [Join ABM to read more](#).



April's Grand Rounds Webinar is Available Now

Premature infants face significant health risks, but research shows that an exclusive human milk diet can dramatically reduce the incidence of necrotizing enterocolitis (NEC).

Join Dr. Lori Feldman-Winter and Dr. Lawrence Noble as they explore the latest evidence on the protective benefits of mother's own milk (MOM) and share practical, evidence-based strategies to help NICUs increase access to human milk for vulnerable newborns. Participants will also gain insight into the critical role of policy and environmental factors—such as paid family medical leave and adherence to the WHO Code of Marketing—in supporting mothers who provide human milk.

This on-demand webinar is available now in the Education Center, with a forum for registrants to submit questions to the presenter. The University of Virginia School of Medicine and School of Nursing designates these live activities for a maximum of **1 AMA PRA Category 1 Credits** per webinar to a participant who successfully completes this educational activity.

[Register and Watch Now](#)

Looking to expand your knowledge and earn CE throughout the year? You can now register for the [2025 Grand Rounds Series](#) to access all monthly webinars for the year! Gain insights into crucial topics like prenatal breastfeeding promotion, NEC, HIV and breastfeeding, tongue-tie, and more to stay informed and improve your practice.

[View the Grand Rounds Program Schedule](#)



Mark Your Calendar for the ABM 30th Annual International Meeting

Join us November 14–16, 2025, for a Global Breastfeeding Experience—a fully virtual event built for connection, wherever you are. This November, we're bringing together voices across time zones for interactive sessions, real conversations, and insights that move breastfeeding medicine forward. As we celebrate 30 years of advancing breastfeeding medicine, this milestone gathering will spotlight the work shaping our future, and we invite you to be part of

what comes next. Stay tuned for our call for abstracts for posters and cases – your research, ideas, and experience could help lead the conversation.

We're excited to encourage local watch parties for this year's virtual conference! A watch party offers a chance to gather with colleagues in your community to view sessions together, spark real-time discussions, and build local connections – all while engaging with the global conference content. Stay tuned for more details on how you can host or join a watch party near you!



Have You Seen This? Breastfeeding and HIV in High-Income Settings: Navigating the Ongoing Debate

*Review written by **Melody Jackson, MBBS FRACGP IBCLC MPH***

Over the past 25 years, we have seen shifting tides in breastfeeding contraindications, which have influenced global breastfeeding outcome trends. Breastfeeding and HIV are one of the clinical scenarios that have experienced such a shift. In 2023, the World Health Organization updated its recommendations on breastfeeding in HIV-positive mothers. The WHO now supports breastfeeding in HIV positive mothers who have access to lifelong antiretroviral therapy, known as “Option B Plus.” In this cohort, exclusive breastfeeding is recommended for six months. Breastfeeding can then continue through the period of introduction of complementary foods through the second year of life and beyond (the WHO does leave it up to national or regional public health entities to decide how or if this recommendation is rolled out).

The adoption of this recommendation in high-income countries where lifelong ART is usually accessible has, however, been mixed. [Join ABM to read more.](#)

Thank you for previewing this month's Inside ABM!

To access the full newsletter and enjoy all the benefits of ABM membership, consider [joining us today.](#)



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