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Academy of Breastfeeding Medicine Newsletter

August 2025

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*A newsletter offering for Academy of Breastfeeding Medicine members and colleagues from across the world.*

## Welcome to Inside ABM!

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**Welcome to ISSUE 28 of Inside ABM!**

Here's a preview of what ABM members are reading in this month's issue of Inside ABM. Each issue brings you expert insights, clinical resources, and exclusive content to keep you informed and ahead in the field of breastfeeding medicine. To access the full newsletter and all the benefits of membership, [join ABM today](#).

Across the world, the spotlight this month was on breastfeeding, thanks to World Breastfeeding Week (August 4-9), Black Breastfeeding Week (August 25-29), and many other groups and cultures that have chosen days and weeks to lift up their breastfeeding experiences. Reader, how was your Breastfeeding Month?

We are ending Breastfeeding Month with a focus on our own unique and complex field of practice: Breastfeeding and Lactation Medicine. We are going to direct our spotlight at the recently released Scope of Practice paper and examine the landscape of where the emerging field stands in the United States and the world as far as the workforce. Let's go!

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## Spotlight on the Scope of Practice Paper

How many times, after working with other medical colleagues in managing a complex case, have you been complimented on your “passion”? How many times have you been identified as the “breastfeeding champion”? This author blames this tendency on the fact that our field of breastfeeding and lactation medicine (BLL) is not well defined or well known. BLL colleagues, our time has come to move into the spotlight! This month, the Academy of Breastfeeding Medicine (ABM) released a Scope of Practice for the breastfeeding

and lactation medicine specialist that is posted for all to see on the ABM website. Hurray!

To gain deeper insight, we reached out to Casey Rosen-Carole, MD NABBLM-C MPH MEd FABM, the lead author on the paper. She is also responsible for ground-breaking progress in the field as the Chief of Breastfeeding and Lactation Medicine at the University of Rochester in New York, USA, and the creator and director of the Lessons in Lactation Advanced Curriculum (LILAC) Breastfeeding and Lactation Medicine Fellowship.

[Read the Scope of Practice Paper](#)



## Register Now for the ABM 30th Annual International Meeting

Registration is open for the [2025 ABM Annual International Meeting](#), a fully virtual, globally inclusive conference that will take place from November 14 to 16, 2025!

This year's meeting will deliver expert-led education, engaging discussions, and opportunities to connect with colleagues worldwide, all from the comfort of your own home or office. ABM is proud to present Jane Heinig, PhD, recently retired Executive Director of the University of California at Davis Human Lactation Center, and Board-Certified Lactation Consultant, as our Founders' Lecture speaker. She has multiple published works on research in the area of maternal and child nutrition, particularly during lactation. Other speakers of note include Gabrielle Palmer, author of the Politics of Breastfeeding, Laurie Nommsen-Rivers, PhD RD IBCLC, on Low Milk Production and Gestational Diabetes Mellitus, Jayne Martin-Carli PhD CLC on Milk Cell Metabolism, and Allison Stuebe, MD MSc, on the Findings from the Mood, Mother, and Infant study, among many others. We hope you will join us for a robust variety of topics that impact the field of breastfeeding medicine.

Sessions will follow two primary time zone patterns—**Eastern Standard Time (EST)** in the United States and **Australian Eastern Daylight Time (AEDT)**—creating an inclusive, accessible experience for participants worldwide.

[Register by Tuesday, September 2, to take advantage of Early Bird pricing](#) and save up to \$100 on registration.

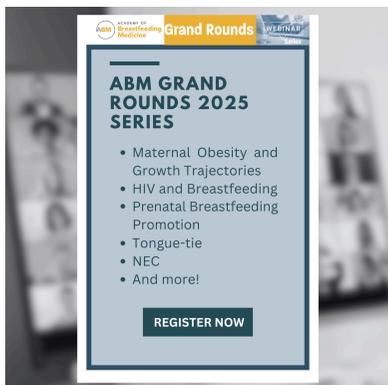
[Register Now](#)



## Bring the Global Breastfeeding Experience to Your Local Community!

Want to make the ABM 30th Annual International Meeting a shared, in-person experience for your organization, hospital team, or regional colleagues? [Host an ABM Watch Party](#)! This is a great way to gather locally while participating in this global virtual conference. Plus, when you gather 5 registered participants, you'll each get 5% off your registration. Watch Party hosts will benefit from additional savings on the registration fee!

[Learn More](#)



## Register for the ABM Grand Rounds 2025 Series

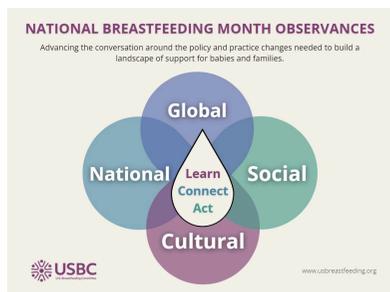
The [2025 Grand Rounds Webinar series](#) is your all-access pass to expert insights in breastfeeding and lactation medicine!

Join us each month for on-demand webinars addressing key topics in breastfeeding care, including:

- Maternal Obesity and Growth Trajectories
- Prenatal Breastfeeding Promotion
- HIV and Breastfeeding
- Tongue-tie
- NEC
- And more!

[Sign up now to get access for the entire year.](#)

[View the Grand Rounds Program Schedule](#)



# Celebrating National Breastfeeding Month

## *Feeding Forward: ABM Conversations Across Continents on Breastfeeding Medicine*

August is National Breastfeeding Month in the U.S.! Celebrate with us by tuning into our [special series](#) featuring ABM members from Japan, New Zealand, the UK, Mexico, and the U.S. in open conversations about the realities of practicing breastfeeding medicine in diverse settings, systems, and cultures. From cultural context to clinical challenges, these short, recorded conversations offer insight, connection, and inspiration.

[Watch Now](#)



## Have You Seen This?

*Building the Future of Breastfeeding Medicine: Education as the Foundation  
Let's look at two recent references that further define the state of our field.*

*Review written by **Melody Jackson, MBBS FRACGP IBCLC MPH***

The recent landscape analysis by Meek et al. (2020) highlights critical gaps in breastfeeding-related education for physicians in the United States—gaps that reflect challenges seen worldwide. Their national survey confirms what many of us in this field encounter daily: physicians across pediatrics, obstetrics, family medicine, and other specialties receive limited formal training in lactation, particularly in clinical management of breastfeeding complications. [Join ABM to read more.](#)

**Thank you for previewing this month's Inside ABM!**

To access the full newsletter and enjoy all the benefits of ABM membership, consider [joining us today.](#)



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