



Academy of Breastfeeding Medicine Newsletter

July 2025

A newsletter offering for Academy of Breastfeeding Medicine members and colleagues from across the world.

Welcome to Inside ABM!

Welcome to ISSUE 27 of Inside ABM!

Here's a preview of what ABM members are reading in this month's issue of Inside ABM. Each issue brings you expert insights, clinical resources, and exclusive content to keep you informed and ahead in the field of breastfeeding medicine. To access the full newsletter and all the benefits of membership, [join ABM today](#).

This month, we are celebrating colleagues...the people who really get you...who understand what you do. We all need more colleagues! We will turn our spotlight onto our very own ABM Special Interest Groups. We will learn what the Special Interest Groups are all about and how we can join one! We will also dive into the literature to answer the probing question: How long can a term infant be on pasteurized donor milk? Read on and then share with a colleague!



Spotlight on ABM Special Interest Groups

This month, we are shining a spotlight on another homegrown feature of the Academy of Breastfeeding Medicine: ABM Special Interest Groups.

Do you sometimes feel like you are a solo pilot...flying the breastfeeding plane all by yourself in your facility or your community? ABM has an antidote for that feeling: ABM's Special Interest Groups! ABM Special Interest Groups, known as SIGs, create space for ABM members with similar interests to exchange ideas, learn from each other, network, and support each other. And now you have a crew!

To gain deeper insight into the ABM SIG universe, we reached out to the Chair of the program committee, Nicole Hackman, MD. She is an ABM board member based in Pennsylvania (USA) and a member of ALL the SIGs, but most closely identifies with the Pediatric SIG. [Join ABM to read more.](#)



Share Your Research and Expertise at the 30th Annual International Meeting

Do you have an interesting case, new research, or innovative project to share? Submit your abstract for a poster or case proposal for [ABM's 30th Annual International Meeting!](#)

Whether you're a clinician, researcher, or public health professional, your insights can help shape the global breastfeeding conversation.

Visit the [ABM website](#) to learn more about these opportunities to share your research and clinical skills with the breastfeeding community. All completed poster and case presentation abstract proposals must be submitted by **11:59 pm CDT (UTC-5) on Monday, August 18, 2025.**

[Learn More and Submit](#)



Register Now for the ABM 30th Annual International Meeting

Registration is open for the [2025 ABM Annual International Meeting](#), a fully virtual, globally inclusive conference that will take place from November 14 to 16, 2025!

This year's meeting will deliver expert-led education, engaging discussions, and opportunities to connect with colleagues worldwide, all from the comfort of your own home or office. ABM is proud to present Jane Heinig, PhD, Executive Director of the University of California at Davis Human Lactation Center, and Board-Certified Lactation Consultant as our Founders' Lecture speaker. She has multiple published works on research in the area of maternal and child nutrition, particularly during lactation. Other speakers of note include Gabrielle Palmer, author of the Politics of Breastfeeding, Laurie Nommsen-Rivers, PhD RD IBCLC, on Low Milk Production and Gestational Diabetes Mellitus, Jayne Martin-Carli PhD CLC on Milk Cell Metabolism, and Allison Stuebe, MD MSc, on the Findings from

the Mood, Mother, and Infant study, among many others. We hope that you will join us for a robust variety of topics that impact the field of breastfeeding medicine.

Sessions will follow two primary time zone patterns—**Eastern Standard Time (EST)** in the United States and **Australian Eastern Daylight Time (AEDT)**—creating an inclusive, accessible experience for participants worldwide.

[Register by Monday, August 18, to take advantage of Early Bird pricing](#) and save up to \$100 on registration.

[Register Now](#)



Bring the Global Breastfeeding Experience to Your Local Community!

Want to make the ABM 30th Annual International Meeting a shared, in-person experience for your organization, hospital team, or regional colleagues? [Host an ABM Watch Party!](#) This is a great way to gather locally while participating in this global virtual conference. Plus, when you gather 5 registered participants, you'll each get 5% off your registration. Watch Party hosts will benefit from additional savings on the registration fee!

[Learn More](#)



The Latest Grand Rounds Webinar is Available

Register now for the latest ABM Grand Rounds Webinar on Clinical Protocol #19: [Breastfeeding Promotion in the Prenatal Period!](#) Three expert co-authors, Dr. Caroline Mullin, MD, Dr. Scott Hartman, MD, and Dr. Alecia Fields, DO FACOG, will dive into how these guidelines were developed and what they mean for your practice. Real-life

scenarios bring the recommendations to life, and you'll walk away with a clear view of what's next for future research.

- Learn how to apply new recommendations in real clinical situations
- Explore areas for future research
- Continue the conversation on MyABM's discussion board after you watch

[This on-demand webinar is now available](#) in the Education Center, featuring a forum where registrants can submit questions to the presenter.

[Register and Watch Now](#)

Looking to expand your knowledge and earn CE throughout the year? You can now register for the [2025 Grand Rounds Series](#) to access all monthly webinars for the year! Gain insights into crucial topics like prenatal breastfeeding promotion, NEC, HIV and breastfeeding, tongue-tie, and more to stay informed and improve your practice.

[View the Grand Rounds Program Schedule](#)



Celebrating World Breastfeeding Week

Feeding Forward: ABM Conversations Across Continents on Breastfeeding Medicine

Celebrate World Breastfeeding Week with us! Join ABM for a new global storytelling series, featuring members from Japan, New Zealand, the United Kingdom, Mexico, and the United States, as they share what breastfeeding medicine looks like in their respective regions. From cultural context to clinical challenges, these short, recorded conversations offer insight, connection, and inspiration.

[View each session on our website during August 1-7.](#)



Have You Considered This?

How Long is Too Long on Donor Milk?

*Review written by **Paula K. Schreck, MD NABBLM-C IBCLC FABM***

I was recently caring for a breastfeeding dyad in my outpatient breastfeeding clinic. The infant, born at 39 weeks' gestation, had spent seven days in the NICU for respiratory distress after an episode of fetal distress during induction and a subsequent precipitous C-section delivery. The mother was committed to providing breast milk for her baby; however, her early and frequent pumping efforts did not meet the infant's calculated feeding volume requirements. The infant was started on donor milk in addition to rare episodes of direct breastfeeding. After four days of donor milk use, the family was told that the infant must switch to formula for the remainder of the stay. Staff cited multiple reasons for this shift, including the infant's term status, the length of stay, the cost of donor milk, and the lack of evidence on the nutritional adequacy of long-term donor milk use in the term infant. It is notable that on the other side of the swinging double doors of this NICU on the Birthing Center, donor milk is available for use for supplementation with no time limit.

This case got me thinking: **How long is too long on donor milk for the term infant?**

[Join ABM to read more.](#)

Thank you for previewing this month's Inside ABM!

To access the full newsletter and enjoy all the benefits of ABM membership, consider [joining us today.](#)



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Inside ABM

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