



Academy of Breastfeeding Medicine Newsletter

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A newsletter offering for Academy of Breastfeeding Medicine members and colleagues from across the world.

Welcome to Inside ABM!

Happy March! Welcome to Inside ABM, a newsletter for ABM members, friends, and followers! Come on in!

Here's a preview of what ABM members are reading in this month's issue of Inside ABM. Each issue brings you expert insights, clinical resources, and exclusive content to keep you informed and ahead in the field of breastfeeding medicine. To access the full newsletter and all the benefits of membership, [join ABM today](#).



We would like to introduce Sheila Kredit, MD IBCLC NABBLM-C FAAFP, as the newest member of the Inside ABM newsletter Content Editor Team!

Dr. Sheila Kredit is a faculty family physician who also practices obstetrics and breastfeeding medicine at the Central Washington Family Medicine Residency program in Yakima, WA. She has a passion for maternal and child health and for supporting families to meet their infant feeding goals, especially those who have difficulty accessing care due to uninsured or underinsured status. She is an IBCLC and is board-certified in breastfeeding and lactation medicine through the NABBLM. She has extensive experience in breastfeeding medicine, from public health work in Chicago during her undergraduate years as a medical anthropology major at Northwestern University to research with Dr. Ann Witt in breastfeeding medicine during medical school at Case Western Reserve University. She also had the opportunity to learn from Dr. Anne Eglash during her residency in family medicine at the University of Wisconsin-Madison.

Dr. Kredit serves as the physician advisor for the Yakima

Breastfeeding Coalition and has worked with the CHAMPS National Program at MultiCare Yakima Memorial Hospital to improve inpatient breastfeeding support in her community. She also serves as vice president for the Washington Academy of Family Physicians South Central Chapter. She is excited to pursue more involvement with the Academy of Breastfeeding Medicine and help with the newsletter as a first step! Outside of medicine, she enjoys playing the harp, salsa dancing, walking and running in nature, learning Spanish, and spending time with her 3-year-old daughter, Xiomara, and 10-month-old son, Silvanito.



Spotlight on the Breastfeeding Medicine Landscape of Australia and New Zealand

This month, we are featuring the Breastfeeding Medicine Landscape of AUSTRALIA and NEW ZEALAND! Across Australia and New Zealand, the field of breastfeeding and lactation medicine continues to grow through collaboration, scholarship, and shared commitment to families.

As your content editor from Australia, I (Dr. Melody Jackson) am delighted to highlight our upcoming **Breastfeeding Medicine Network of Australia and New Zealand (BMNANZ) Conference**, taking place **May 1-3**. We are pleased to share that this conference has been formally endorsed by the Academy of Breastfeeding Medicine (ABM) and qualifies toward event eligibility for the Fellow of the Academy of Breastfeeding Medicine (FABM) designation.

This gathering will bring together clinicians, researchers, and advocates dedicated to advancing breastfeeding medicine across our region. The conference will feature engaging presentations, emerging research, and opportunities for meaningful connection among those working to improve care for breastfeeding families. We warmly invite colleagues from around the world to join us for what promises to be an inspiring and enriching event.

If you can't make it to our live event, conference recordings will be available for several months after the event. All of the details can be found on the website [here](#).



Meet one of the BMNANZ Conference Presenters: Dr. Linda Martin

This month, we are delighted to feature Associate Professor Linda Martin, dermatologist and clinician-researcher at the Melanoma Institute Australia and Chair of Dermatology at the University of New South Wales in Australia, timely as we head into the **BMNANZ Conference**, where she will also be speaking. Australia, with our blazing sun, has one of the highest rates of skin cancer in the world, and A/Prof Martin is at the forefront of skin cancer and melanoma care. A/Prof Martin has a special interest in dermatologic care in pregnancy and breastfeeding, and she is also deeply committed to patient education and skin cancer prevention.

In this issue, she joins us for a short Q&A exploring the intersection between breastfeeding and dermatology.

[Join ABM to read more.](#)



Mark Your Calendar for the 2026 ABM Annual Meeting

Join us October 13 – 15, 2026, in Toronto, Ontario, Canada, as the Academy of Breastfeeding Medicine returns to an in-person gathering that brings our global community together for learning, connection, and collaboration.

[Learn More](#)



NEW for 2026: Call for Symposia

For the first time, ABM is inviting proposals for symposia presentations at the Annual Meeting. Symposia are 60-minute, in-depth sessions designed to explore timely and complex topics in breastfeeding and lactation medicine through multiple perspectives. This new format supports deeper dialogue, interdisciplinary engagement, and meaningful audience interaction. If you are interested in proposing a cohesive, thematic session that advances clinical practice, research, education, or advocacy, we encourage you to learn more and submit a proposal.

Submission Deadline: Monday, April 27, 2026 | 11:59 PM CDT (UTC-5)

Early submissions are encouraged.

[Submit a Symposium Proposal](#)



Big News: Call for Abstracts Deadline Extended

Don't miss your opportunity to submit an abstract for the 31st Annual International Meeting, taking place in Toronto, Canada! Physicians, medical students, post-graduate trainees, and healthcare professionals are invited to share submissions for poster abstracts and clinical case presentations (oral).

The submission deadline has been extended to Monday, April 27, 2026, at 11:59 pm CDT (UTC-5).

[Share your work and be part of this global exchange.](#)



Welcoming Julie Taylor, MD MSc, as Editor-in-Chief of *Breastfeeding Medicine*

The Academy of Breastfeeding Medicine is pleased to announce that Julie Taylor, MD MSc, will assume the role of Editor-in-Chief of *Breastfeeding Medicine*!

Dr. Taylor is Associate Dean for Medical Education at the Geisel School of Medicine at Dartmouth and an Adjunct Professor at the Warren Alpert Medical School of Brown University. A past ABM President and longtime leader within the Academy, she brings deep experience in breastfeeding medicine, academic leadership, and editorial scholarship.

We look forward to the next chapter of the journal under her leadership.



Download ABM's New Breastfeeding and Substance Use Handout

This evidence-based resource is designed to support patient counseling and shared decision-making, with practical guidance on substance use considerations, treatment compatibility with breastfeeding, and infant safety. [Explore the resource and use it in your practice.](#)

Join Us

WEBINAR

Skin-to-Skin Care for Hospitalized Newborns: Goals, Challenges, Innovations, and Motivations to "Walk Our Talk"

Brought to you by the Neonatology Special Interest Group

"Walk Our Talk" with the Neonatology SIG's Latest On-Demand Webinar

Don't miss our latest [on-demand webinar](#) with Dr. Raylene Phillips, an International Board-Certified Lactation Consultant, a Fellow of the Academy of Breastfeeding Medicine, and President of the Association for Prenatal and Perinatal Psychology and Health.

In this insightful webinar, Dr. Phillips breaks down why skin-to-skin care is so powerful for preterm and term infants—and what gets in the way of meeting SSC goals in real-world hospital settings. You'll walk away with practical ideas you can put into practice right away. This webinar is an included benefit for ABM members, but non-members may register for a fee.

[Register Now](#)



Have You Seen This?

Breast and Nipple Dermatoses During Lactation: A Review

Review written by **Melody Jackson, MBBS MPH FRACGP DCH DBCT IBCLC**

In *Breast and Nipple Dermatoses During Lactation*, Moore and Stevenson offer a thoughtful, highly practical review of a topic many of us encounter regularly in Breastfeeding Medicine. Published in the *Australian Journal of Dermatology* (2025), this open-access paper brings welcome clarity to what can often feel like a diagnostic grey zone, even for those of us who see many breastfeeding presentations.

[Join ABM to read more.](#)

Thank you for previewing this month's Inside ABM!

To access the full newsletter and enjoy all the benefits of ABM membership, consider [joining us today](#).



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