



---

Academy of Breastfeeding Medicine Newsletter

October 2025

---

*A newsletter offering for Academy of Breastfeeding Medicine members and colleagues from across the world.*

## Welcome to Inside ABM!

---

Welcome to ISSUE 30 of Inside ABM!

Here's a preview of what ABM members are reading in this month's issue of Inside ABM. Each issue brings you expert insights, clinical resources, and exclusive content to keep you informed and ahead in the field of breastfeeding medicine. To access the full newsletter and all the benefits of membership, [join ABM today](#).

NOTE: The Academy of Breastfeeding Medicine's [30th Annual International Meeting](#) is virtual this year and rapidly approaching, with pre-conference programming starting on Wednesday, November 12, and events running through Sunday, November 16. Registered yet? More information and links to registration can be found below. The newsletter content generators and ABM staff will be busy preparing for and attending the conference, so there will be no November issue of Inside ABM. We will rejoin you in December with the "Highlights" issue.

In this issue, we will be previewing the newly updated Model Maternity Policy protocol. We are also happy to feature a review prepared by Dr. Nicole Hackman from the Pediatric Special Interest Group. Come on in and read on!

---



## Spotlight on the ABM 30th Annual International Conference

This month, we are shining a light on the recently updated Protocol #7: Model Maternity Policy Supportive of Breastfeeding. The newly updated protocol will be available in the next 4-8 weeks. This protocol is incredibly comprehensive and surprisingly useful.

(Disclosure: This reviewer is a co-author and may be biased regarding its heft and usefulness.)

The purpose of the protocol is best summarized by this press quote from the lead author, Dr. Maite Hernández-Aguilar. “By aligning Baby-Friendly principles with the latest science and an equity lens, we aim to ensure that every breastfeeding family receives evidence-based, respectful, and culturally responsive support.”

To provide you, Reader, with deeper insight into the anticipated update of Protocol #7, this reviewer will put on her “author hat” and answer some questions about the protocol content and use cases.

[Join ABM to read more.](#)

*Publication of this protocol is anticipated in the next 4-8 weeks. Authors include Maite Hernández-Aguilar, MD MPH PhD FABM IBCLC, Melissa C Bartick, MD MS MPH FABM, Elise M Chapin, M.Ed. M.Sc.P.H. IBCLC, and Paula K. Schreck, MD NABBLM-C IBCLC FABM.*



## Reflecting on the Legacy of Dr. Ruth A. Lawrence

As our community continues to process the loss of Dr. Ruth Lawrence, we are reminded of the profound impact she had on the Academy of Breastfeeding Medicine and the field at large. Many of you have already received our initial communication, which shared the news of her passing and celebrated her extraordinary life.

In the days since, the outpouring of memories and tributes from members has been a testament to Dr. Lawrence’s enduring influence as a founder, mentor, and advocate for mothers and infants everywhere. Her wisdom, compassion, and pioneering spirit continue to inspire us all.

We invite you to keep sharing your reflections and stories on our [Tribute Wall](#). These contributions not only honor Dr. Lawrence’s legacy but also help future generations understand the depth of her impact on our field and our organization.

To further commemorate her remarkable life, we encourage you to [read and share the recent New York Times obituary](#), which beautifully captures Dr. Lawrence’s achievements and influence.

On behalf of ABM, thank you for joining us in remembering Dr. Lawrence and for helping to ensure her legacy lives on through your stories, your work, and your ongoing commitment to our mission.



## Two Weeks Until the Global Breastfeeding Experience!

With the latest educational advancements, a diverse lineup of topics, curated content for physicians, registered nurses, lactation consultants, and other healthcare professionals, and networking opportunities with professionals like you from across the globe, the [ABM 30th Annual International Meeting](#) has it all!

And if you can't join live, your registration for the ABM Annual International Meeting includes full on-demand access through March 15, 2026, so you can earn continuing education credits whenever it works best for you. [Secure your spot now.](#)

Register Now



## Host or Join an ABM Watch Party

ABM's 30th Annual International Meeting is global, but the real magic is happening locally! [ABM Watch Parties](#) bring hospitals, departments, and regional groups together for shared learning, complete with live Q&A and networking.

Want to see where Watch Parties are already happening? [Attend a location near you](#) and receive 5% off your registration.

Interested in hosting your own? You'll receive 15% off your registration and a toolkit with event tips, scheduling guidance, and promotional materials to help you get started.

Learn More



## ABM Silent Auction is Back!

Join us in fueling the future of breastfeeding medicine! Our [Silent Auction](#) kicks off during our 30th Annual International Meeting and ends on Giving Tuesday, a global day of generosity. Donate an item or experience and help us continue providing free, high-quality resources to clinicians and families worldwide. Support. Bid. Give. Let's make an impact together!

Learn More



## Have You Seen This?

Review written by **Nicole Hackman, MD FABM, Chair of the Special Interest Group Program Committee**

The Pediatric Special Interest Group wanted to share a very interesting article published in JAMA Network Open in August 2025. The authors found yet another amazing benefit of breastfeeding! Did you know that the timing of puberty could be influenced by infant feeding method? [Join ABM to read more.](#)

**Thank you for previewing this month's Inside ABM!**

To access the full newsletter and enjoy all the benefits of ABM membership, consider [joining us today.](#)



ACADEMY OF  
**Breastfeeding  
Medicine®**

Academy of Breastfeeding Medicine  
1061 American Lane, Suite 310,  
Schaumburg, IL 60173-4973  
800.990.4ABM (USA toll free) |  
+1.847.375.4726 (phone) | +1.847.375.4713  
Attn: ABM (fax)  
[abm@bfmed.org](mailto:abm@bfmed.org) | [www.bfmed.org](http://www.bfmed.org)

### Inside ABM

Newsletter Member Contributors: Paula K. Schreck,  
MD NABBLM-C IBCLC FABM, and Melody Jackson,  
MBBS FRACGP IBCLC MPH

Questions: Email ABM Staff at [abm@bfmed.org](mailto:abm@bfmed.org)

Connect with Us:

Facebook

Twitter

LinkedIn