



Academy of Breastfeeding Medicine Newsletter

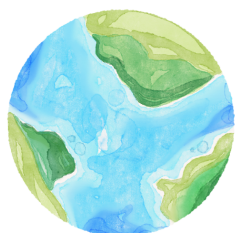
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A newsletter offering for Academy of Breastfeeding Medicine members and colleagues from across the world.

Welcome to Inside ABM!

Happy May! Welcome to *Inside ABM*, a newsletter for ABM members, friends, and followers! Come on in!

Here's a preview of what ABM members are reading in this month's issue of Inside ABM. Each issue brings you expert insights, clinical resources, and exclusive content to keep you informed and ahead in the field of breastfeeding medicine. To access the full newsletter and all the benefits of membership, [join ABM today](#).



In this editor's region of the world, the earth is blooming and green, which brings to mind climate protection and sustainability. As Breastfeeding and Lactation Medicine leaders, we are already leading the promotion of one of the "greenest" and environmentally conscious products found on our verdant Mother Earth—breastmilk!

It makes sense that we are featuring MILK BANKING this month, which can be seen as a recycling and donation program for our environmentally friendly product! We will touch base with the medical director of one of North America's newest non-profit milk banks and review an article exploring the potential benefits of pasteurized donor milk beyond the NICU. As usual, we will also be featuring the many opportunities in the Academy of Breastfeeding Medicine for education participation, attendance, and enrichment.



Spotlight on Milk Banking

Let's shine our spotlight on MILK BANKING. Full disclosure...this editor is a milk banking superfan! I love touring milk banks and getting my picture taken by the big freezers! (See pictures) So I was thrilled when my health system was acquired by a friendly neighboring health system that had recently opened one of North America's newest milk banks. [Join ABM to read more.](#)



New Grand Rounds Webinar: What Ukraine Is Teaching Us About Breastfeeding in Emergencies

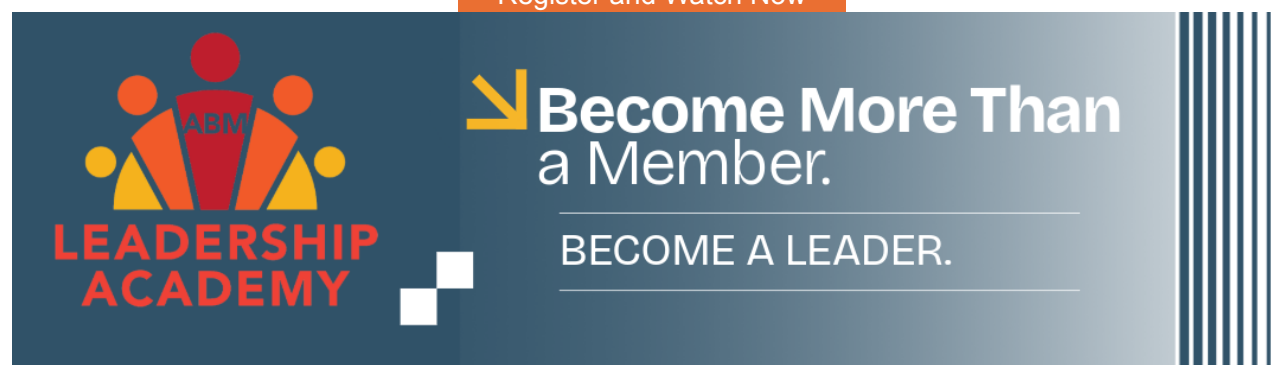
Conflict changes everything, including how families feed and care for their infants. “[Grand Rounds: Breastfeeding in Emergencies - A Review of ABM’s Position Statement and Lived Experiences from Ukraine](#)” explores how the war in Ukraine has shaped breastfeeding practices, maternal decision-making, and infant nutrition.

Join presenters as they share survey findings and lived experiences from Ukrainian mothers, highlighting the challenges families face in crisis conditions. The session also looks at how these factors influence breastfeeding duration, confidence, and feeding choices, along with the critical role of lactation support and evidence-based counseling in improving outcomes.

This on-demand webinar is available now in the ABM Education Center. After viewing, registrants can join a discussion board on MyABM to submit questions and engage with the presenters.

This activity offers on-demand CME through December 31, 2027.

[Register and Watch Now](#)



Grow as a Leader with the ABM Leadership Academy

Ready to take the next step in your career...or know someone who is?

The [ABM Leadership Academy](#) is now accepting applications for the 2026–2027 cohort. This 10-month program is designed to help you grow as a leader, connect with mentors, and make a real impact in the field of breastfeeding medicine.

From building leadership skills to working on a project that advances the field, this is an opportunity to invest in yourself and your future.

Applications are open through July 31.

[Learn More and Apply](#)



Register Now for the 2026 ABM Annual Meeting

The [ABM 31st Annual International Meeting](#) will feature two full days of scientific and clinical programming, highlighting evidence-based research, practical insights, and global perspectives in breastfeeding and lactation medicine. Sessions will be offered in person in Toronto, October 13-15, 2026, with select content available to registered participants through virtual on-demand access following the meeting.

Whether you join us onsite or engage with sessions on your own schedule, the 2026 Annual Meeting is designed to foster meaningful connections, learning, and exchange within the ABM community. [Register now to join us!](#)

Planning to join us in Toronto? [Book your hotel now](#) to secure the discounted group rate before the block fills up.

[Learn More](#)



Have You Seen This?

*Review written by **Melody Jackson, FRACGP IBCLC MPH MBBS DCH DCBT BSc(Nurs) GC Onc/Haem GCB GC***

As we focus this month on donor milk, I wanted to revisit one of the few studies exploring its use beyond the hospital setting. The 2021 paper by Bramer et al. remains the only published study specifically examining donor human milk (DHM) use in healthy, term infants in the community. (1) This UK-based retrospective study followed 31 term infants who received DHM at home for 3–6 weeks, either as exclusive feeding (n=17) or as supplementation (n=14). [Join ABM to read more.](#)

Thank you for previewing this month's Inside ABM!

To access the full newsletter and enjoy all the benefits of ABM membership, consider [joining us today.](#)



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