

# Inside ABM



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Academy of Breastfeeding Medicine Newsletter  
2023

December

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*A newsletter offering for Academy of Breastfeeding Medicine members and colleagues from across the world.*

## Welcome to Inside ABM! Top Three for 2023!

As 2023 comes to a close, ABM is grateful that we were able to introduce the **ABM Insider** newsletter in April 2023. A special thank you to ABM Board Member and Newsletter Chair, **Paula K. Schreck MD IBCLC FABM**, for leading the way in this new project.

**Below are the top three features for 2023:**

- Academy of Breastfeeding Medicine Clinical Protocol #21: Breastfeeding in the Setting of Substance Use and Substance Use Disorder (Revised 2023) View [here](#).
- Associations Between Breastfeeding and Post-Perinatal Infant Deaths in the U.S. View [here](#).
- How Breastfeeding Education is Failing Us with ABM Member, Karen Federici (TEDxYoungstown). View [here](#).

We are looking forward to next year and welcome your input! Please contact [abm@bfmed.org](mailto:abm@bfmed.org) with any content ideas or if you want to get involved in the newsletter. If you missed an issue, please visit the [website](#) where you can view past issues.



## Thank You, Dr. Kellams!

ABM would like to thank **Ann Kellams, MD FABM**, for serving as ABM's President these past two years! She led the way as ABM created its new strategic plan and began executing many new initiatives.

Each issue of the *ABM Insider* newsletter featured the monthly **President's Column** published in ***Breastfeeding Medicine***. These articles are some of the most clicked on items in the monthly newsletter.

If you didn't get a chance to read Dr. Kellams last column, please do so [here](#), as well as reading the most recent President's Column by ABM's new President **Elieen Rouw, MD, FABM**, ***Breastfeeding Needs the Support of a Global Physician Community***. [Read more.](#)

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## 28th ABM Annual International Meeting Highlights

ABM president **Ann Kellams MD**, and Annual Meeting Planning Committee Chair **Irena Zakarija-Grkovic MD**, were so excited to welcome over 400 in-person and virtual attendees to our Annual International Meeting in November! Here's just a glimpse of what took place over the 4 days.

**Day 1 of #ABM2023** kicked off with What Every Physician Needs to Know 1 & 2 and a Protocol Writing Workshop! Attendees enjoyed time reconnecting at the Opening Reception and visiting the exhibits on Thursday evening.



**Day 2** included an update on the PCORI Grant's impact, Special Interest Groups met in-person for the first time, and more! In the evening attendees got the chance to visit the Mothers' Milk Bank of the Western Great Lakes to learn about the importance of donor education, how donated milk can be used, and how moms are supported after loss.



On **Day 3** we took the time to honor our distinguished members, welcomed our new fellows and Leadership Academy participants, attended thought-provoking sessions, and tried out our new ABM swag ([shop here!](#))





The **final day** of the meeting began with the Annual Founder's Lecture with ABM founder, Anne Eglash MD IBCLC FABM, the popular International Panel, and concluded with a session on chrononutrition. The 4-day event was filled with excellent content and time with the breastfeeding medicine community! Mark your calendars for next year's meeting, same place on November 14-17, 2024.

A special thank you to Dr. Tim Tobolic for all the wonderful photographs of the meeting!



## Did You Miss #ABM2023?

## Post Conference On-Demand Education from the 2023 Annual International Meeting Now Available!

This is an excellent opportunity to use up year-end funds to earn [CE credits](#). Or perhaps you didn't have a chance to attend the preconference **What Every Physician Needs to Know One**. [Learn more](#) about on-demand education from #ABM2023.



### **Special Discount!**

New or lapsed members are eligible to receive a 10% discount on the preconference or full conference purchase. Also, attendees of the 2023 Annual International Meeting can purchase What Every Physician Needs to Know One at a 10% discount.

New members or 2023 conference attendees should email Member Services at [abm@bfmed.org](mailto:abm@bfmed.org) or call 846.375.4736 for the promotional code.

Hurry, you can only purchase these products until **Monday, January 29, 2024**. The deadline to view, evaluate, and claim continuing education is **Monday, February 19, 2024**. [Learn more](#) about why you should purchase this excellent on-demand education!

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## **A special invitation to ABM members from Dr. Marnie Rowan...**

Hi ABM Colleagues,

Early Bird Registrations are open for **Breastfeeding Medicine Network Australia New Zealand Conference – 26-28th April 2024!!**

Please come and join us in Melbourne, Australia for BMNANZ 2024. We have a fabulous line up of international and local speakers, for our first face to face conference post COVID. The conference is endorsed by Academy of Breastfeeding Medicine.

And if you need more reasons to come... **Newborn Behavioural Observation Training** will be running directly after the conference on **29-30th April 2024** led by Professor Campbell Paul (Child and Infant Psychiatrist) at Royal Children's Hospital, Melbourne. The NBO training is an amazing skillset to have if you are practicing breastfeeding medicine.

**Get in before 21st January 2024 to secure your early-bird discount!** All the details are on our [website](#).

Our venue, the Rydges Hotel, is in the Melbourne CBD close to fabulous restaurants, theatres, galleries, and shopping!

You can also book your Rydges Melbourne hotel room with us. We have reserved a limited number at a special rate - note, these are available on a first-come, first-served basis.

And ...if you'd like to submit an abstract for poster presentation, you'll find details on the website as well!

*We look forward to welcoming you to Melbourne!*

Dr. Marnie Rowan, B Pharm MBBS (Hons) FRACGP FABM IBCLC  
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Perth, Western Australia

On behalf of Board of Directors Breastfeeding Medicine Network Australia/New Zealand  
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# Year-End Donations

In 2023, ABM had the opportunity to launch new projects and initiatives, which included:

- Exhibiting at AAP and AAFP
- Hosting a "Mastitis in Breastfeeding" webinar
- Introducing 8 new special interest groups (SIGs)
- Launching our fourth cohort of the Leadership Academy
- Publishing a revised Protocol #21 and new Protocol #37
- Relaunching the ABM blog
- Releasing parent handouts
- Rolling out monthly online newsletters
- Sending advocacy letters and liaising with GBC, BFHI, US Breastfeeding, WHO Task Force on Compliance, & WABA
- Welcoming more volunteers & translations
- And much more!

Want to support ABM's work and future programming? Consider donating to the ABM Growth Fund and help us broaden our efforts to educate and empower health professionals on breastfeeding medicine around the globe!

Donate



ABM Insider

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Questions: Email ABM Staff at [abm@bfmed.org](mailto:abm@bfmed.org)

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