The 23rd Annual International Meeting presented by the Academy of Breastfeeding Medicine will feature world-class speakers providing cutting-edge research and clinical information on current issues in breastfeeding medicine, spanning both maternal and child health.

This year’s meeting is an ideal context for physicians, registered nurses, lactation consultants and other health professionals to continue their professional education in a highly respected, stimulating environment, while earning continuing education credits. The one-day pre-conference course, “What Every Physician Needs to Know About Breastfeeding (WEPNTK)” will once again be offered to all health professionals on Wednesday, November 14. Also, on the same day, an advanced full-day course, “What Every Physician Needs to Know About Breastfeeding II (WEPNTK II)” will again be offered to physicians who have previously completed WEPNTK.

Our full day of sessions for ABM members and other physicians on Thursday, November 15, will also feature a session on Abstract Podium Presentations. The All-Conference agenda on Friday, November 16 and Saturday, November 17, will engage physicians, registered nurses, lactation consultants, midwives, and other health professionals with the goal of stimulating collaborative learning with world-renowned speakers and of course our Annual Founders’ Lecture.

We will again present innovative workshops on novel approaches to common breastfeeding challenges in clinical practice and a chance to address “hot-button” or evolving issues that are newly recognized. And of course, our well-attended poster sessions will be available throughout the meeting.

We look forward to seeing you in November!

13th ANNUAL FOUNDERS’ LECTURE
“Human Milk Oligosaccharides: Every Baby Needs a Sugar Mama”
Lars Bode, PhD
Professor, University of California, San Diego

2018 CONFERENCE CHAIR
Caroline Chantry, MD, FABM
University of California, Davis

2018 CONFERENCE COMMITTEE
Sandra Sullivan, MD
Conference Committee Chair
Pamela D. Berens, MD, FABM
Karen Bodnar, MD, FABM
Michelle Brenner, MD, FABM
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Anne R. Eglash, MD, FABM
Arthur I. Eidelman, MD, FABM
Victoria Green, MD
Ann L. Kellams, MD, FABM
Ruth A. Lawrence, MD, FABM
Kathy Leeper, MD, FABM
Sahira Long, MD, FABM
Ellen Rouw, MD, FABM
Tomoko Seo, MD, FABM
Rose St. Fleur, MD
Jennifer Tender, MD
Timothy J. Tobolic, MD, FABM
Christopher L. Wade, MD, MPH
Julie Ware, MD, MPH, FABM
Nancy Wight, MD, FABM

San Francisco
November 14–17, 2018

In cooperation with the
Thursday, November 15 (Physician-Only)

8:00–8:15 am Opening Remarks
Timothy J. Tobolic, MD, FABM
President, Academy of Breastfeeding Medicine

8:15–9:00 am Breastfeeding Research Hit Parade – 2018
Arthur I. Eidelman, MD, FABM
Shaare Zedek Medical Center, Jerusalem, Israel
Editor-in-Chief, Breastfeeding Medicine

9:00–9:45 am Breastmilk, Microbes and the Risk of Disease
Samuli Rautava, MD, PhD
Turku University Hospital, Turku, Finland

9:45–10:15 am Break with Abstracts

10:15–11:00 am Macronutrient & Energy Composition of Preterm Human Milk: a Systematic Review
Francis Mimouni, MD
Shaare Zedek Medical Center, Jerusalem, Israel

11:00–11:45 am Neonates Long-Term Cardiac Benefits of a Human Milk Diet in Preterm
Adam Lewandowski, PhD
University of Oxford, United Kingdom

11:45–12:30 pm Mother’s Milk: In Sickness and Health?
Molly Kresin, DO
Mayo Clinic Arizona

12:30–1:30 pm Lunch with the ABM Board of Directors

1:30–2:15 pm The Use of Human Milk in Pediatric Bone Marrow Transplantation
Stella Davies, MBBS, PhD
Cincinnati Children’s Hospital Medical Center

2:15–3:00 pm Anesthesia, Opioids, and Breastfeeding, Oh My!
A Closer Look at Two ABM Protocols
Sarah Reece-Stremtan, MD
Children’s National Health System

3:00–3:30 pm Break with Abstracts

3:30–4:30 pm Podium Research Presentations

4:30–5:15 pm Global Efforts to Improve Company Compliance with the WHO Code of the Marketing of Breastmilk Substitutes
Shelly Sundberg, MS
Bill & Melinda Gates Foundation, Seattle, WA

5:00–5:45 pm Ankyloglossia and Frenotomy: What Is the Evidence?
Ana Meyer, MD
University of California, San Francisco (UCSF)

6:15–7:00 pm Annual ABM Update

6:15–7:30 pm Reception and Summit Debriefing

Friday, November 16 (All-Conference)

8:00 am Opening Remarks and Introduction of the Thirteenth Annual Founders’ Lecture
Victoria Nichols-Johnson, MD, FABM
Southern Illinois University School of Medicine

8:15–9:00 am Founders’ Lecture
Human Milk Oligosaccharides: Every Baby Needs a Sugar Mama
Lars Bode, PhD
Professor, Principal Investigator at University of California, San Diego (UCSD)

9:00–9:45 am Signaling Between Mother and Infant During Lactation: Evolutionary, Anthropological, Biological, and Practical Considerations
Mary Fewtrell, MD, BM Bch
University College London, United Kingdom

9:45–10:30 am Breastfeeding Promotion and Support in an Era of Opioid Epidemic
Laura Ward, MD
Cincinnati Children’s Hospital Medical Center

10:30–11:00 am Break with Abstracts

11:00–11:45 am The Challenges, Opportunities, Successes and Every-day Realities of Breastfeeding Support in the WIC Program
Kiran Saluja, MPH, RD
PHFE WIC Program, Irwindale, CA

11:45–12:30 pm Podium Research Presentations

12:30–1:30 pm Lunch

1:30–3:00 pm Workshops

3:00–3:30 pm Break with Abstracts

3:30–4:15 pm Global Efforts to Improve Company Compliance with the WHO Code of the Marketing of Breastmilk Substitutes
Shelly Sundberg, MS
Bill & Melinda Gates Foundation, Seattle, WA

4:15–5:00 pm Ankyloglossia and Frenotomy: What Is the Evidence?
Ana Meyer, MD
University of California, San Francisco (UCSF)

5:00–5:45 pm Maternal Complications and Breast Masses in Breastfeeding
Katrina Mitchell, MD
Presbyterian Health Services, Albuquerque, New Mexico

5:45–6:15 pm Annual ABM Update

5:45–6:15 pm Reception and Annual Banquet

Saturday, November 17 (All-Conference)

8:00–8:45 am The Mechanics of a Breastfeeding Movement in the Philippines: What Physician Organizations Can Do
Maria Cristina Cornelio-Bernardo, MD, FABM
The Medical City, Philippines

8:45–9:30 am The Evolution of Lactation: A Model for Diet and Health
Bruce German, PhD
University of California, Davis (UCDavis)

9:30–10:15 am Breastfeeding, Human Milk, and Neurodevelopment in Full Term and Preterm Infants
Mandy Brown Belfort, MD, MPH
Harvard Medical School

10:15–10:45 am Break with Abstracts

10:45–11:30 am Baby Behavior in Pediatric Settings: A Quality Improvement Project
Jane Heining, PhD
University of California, Davis (UCDavis)

11:30–12:15 pm Hospitalization for Nipple Confusion: A Method to Restore a Healthy Breastfeeding
Asti Praborini, MD (ABM colleague of Ratih Wulandari, MD)
Kemang Medical Care, Jakarta, Indonesia

12:15–1:30 pm 3,500 Miles on Foot: Challenges of Breastfeeding in Rural China
Yuwen Ren, MD
Shanghai YUREN Breastfeeding Promotion Center, Shanghai, China

1:00 pm Closing Remarks and Adjournment
Timothy J. Tobolic, MD, FABM
President, Academy of Breastfeeding Medicine
Pre-Conference Course Program (Open to all health professionals)

“What Every Physician Needs To Know About Breastfeeding” (WEPNTK)

Course Director
Joan Younger Meek, MD, MS, RD, FABM Florida State University College of Medicine Tallahassee, FL

WEPNTK (Wednesday, November 14, 8:00am-5:00pm)
What Every Physician Needs to Know About Breastfeeding is a full day course that aims to fill in the knowledge and clinical skills gaps that many physicians report in their training. The course methods include didactic presentations, small group case-based discussion, and audiovisual aids to review the foundation of breastfeeding support, management, and clinical problem solving. The course will be team taught by physician specialists in obstetrics and gynecology, family medicine, pediatrics, and neonatology.

Content is based predominantly upon the evidence-based clinical protocols developed and published by the Academy of Breastfeeding Medicine, as well as statements from ACOG, AAFP, and AAP, as well as the Baby Friendly Hospital Initiative “Ten Steps to Successful Breastfeeding.”

This course has been developed and presented to participants in conjunction with the Academy of Breastfeeding Medicine’s Annual International Conference since 2001, with periodic review of content and update of the evidence and recommendations. Target audience includes physicians, medical students, residents, and fellows, but we welcome all members of the health care team, especially those who have direct interaction with breastfeeding families. For details of the full-day agenda, please visit the conference website: www.bfmed.org.

Co-Directors
Rima Strassman, MD, FABM Children’s HealthCare Allentown, PA

Nanette Dahlquist, MD, FABM Hillsboro Pediatric Clinic Hillsboro, OR

WEPNTK II (Wednesday, November 14, 8:00am-5:00pm)
is a full day course that aims to build on the foundation provided by WEPNTK and is open to physicians who have already attended that course. WEPNTK II focuses on advanced clinical practice in the area in the area of breastfeeding medicine and will be team taught by Fellows of the Academy of Breastfeeding Medicine whose primary training is in pediatrics, family medicine, and obstetrics and gynecology.

This advanced course will feature didactic presentations, case studies, workshops, and interactive exchanges with all attendees. WEPNTK II is a dynamic course and its agenda will change from year to year to address physician interests and requests. For complete details of the full-day agenda, please visit the conference website: www.bfmed.org.

The Authoritative, Peer-Reviewed Journal that Enables Physicians to Better Understand the Complexities and Benefits of Breastfeeding

Created by physicians and dedicated to the advancement of breastfeeding worldwide, Breastfeeding Medicine answers the growing demand for high-quality, evidence-based research on breastfeeding and human lactation. The Journal focuses on all medical aspects of breastfeeding, explores the immediate and long-term outcomes of breastfeeding, and addresses the wide spectrum of research and clinical applications that impact optimal care of mother and infant.
The physical breast exam is important in identifying the etiology of common complications of lactation as well as recognizing more worrisome masses. Key aspects of the comprehensive breast and regional nodal basin exam will be reviewed, and participants will perform the exam on simulation breast models. Aspects of the breast exam that are relevant to lactating women will receive a summary of best practices from the highlighted programs and a toolkit for implementing the Ten Steps, the importance of engaging leadership, payors, and physicians, and the overarching importance of equity in improved maternity practices.

The Ten Steps to Successful Breastfeeding has been shown to improve breastfeeding initiation, exclusivity, and duration worldwide, as well as decrease disparities in breastfeeding initiation. Examples of successful strategies for implementation, challenges and plans for the future, including changes inherent in the new WHO/UNICEF guideline, will be shared. Participants will receive a summary of best practices from the highlighted programs and a toolkit for implementation in their own areas. Participants will receive a summary of best practices from the highlighted programs and a toolkit for implementation in their own areas. Participants will receive a summary of best practices from the highlighted programs and a toolkit for implementation in their own areas. 

Improving Maternity Care Practices – Successful Programs from Around the World

Julie Ware, MD, MPH; Stephen Nathan, MD, MPH; FABM; Ellen Rouw, MD, FABM; Lori Feldman-Winter, MD, MPH, FABM; Yvette Piovanetti, MD, FABM.

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23rd Annual Meeting Objectives
At the conclusion of this Meeting, participants should be able to:

1. Differentiate micronutrients, macronutrients, and microbial contributions of human milk.
2. Discuss changes in anatomy, biochemistry, immunology, and signaling between mother and infant due to human milk.
3. Describe how human milk may affect and be affected by severe illness.
4. Discuss cultural differences affecting breastfeeding support and advocacy.
5. Explain how to use ABM protocols and evaluate anesthesia options for lactating women.
7. State 3 examples of how implementation of the International Code of Marketing of Breastmilk Substitutes can benefit a community.
8. Discuss findings of tongue-tie, nipple confusion, and ways neurodevelopment, baby behavior, and human milk interact.

Can’t attend? Contribute instead!
Though you may not be able to attend our Meeting this year, we hope that you still support our mission by making a contribution to ABM. Among the options, you can support international conference participants. As a thank you, we will recognize your generosity in the final Meeting program and in our official peer-reviewed journal Breastfeeding Medicine.

For more information about donating to ABM, visit our website: bfmed.org
Be a Part of the ABM Experience in San Francisco. Register Now at bfmed.org!

The 23rd Annual International Meeting of the Academy of Breastfeeding Medicine

November 14–17, 2018

140 Huguenot Street
New Rochelle, NY 10801-5215

Supported in part by W.K. KELLOGG FOUNDATION

Register Today and Save!

What our attendees are saying:

“I love how comprehensively the topic of breastfeeding is covered – talks by dentist/anthropologists, breast surgeons, microbiome researchers and more! Great scientific information combined with practical tips and workshops to help me to help mothers succeed at breastfeeding.”

— Melanie Mouzoon, MD, FABM

“Cutting edge information that even the most experienced professionals can take home and begin using the next day.”

— James G. Murphy, MD, FABM

“When attending ABM, it is the only time in my professional life when I am my authentic self: an academically minded physician and a breastfeeding mother AT THE SAME TIME!”

— Meaghan K. Nigra, MD

“ABM is the best community of breastfeeding experts!”

— Andreja Tekauc Golob, MD

“As a medical student, I enjoyed getting the opportunity to interact with future colleagues, and see all the wonderful research and initiatives they are taking part in. It was truly inspirational.”

— Lissette Moreno
AUC School of Medicine